

# In Touch\*

FALL 2015



## Get Free Homework Help and More

Students of all ages and their parents can visit Discovery Education at [www.discoveryeducation.com](http://www.discoveryeducation.com) to access incredible free resources. Check out the Homework Help pages for assistance in all sorts of school subjects. Stuck on a math problem? Go to Step-by-step WebMATH to get answers. You'll also find Games & Interactives on this site to add a little more fun to learning. High school students can even test their driving skills with the Heads Up! Interactive Challenge.

## Contact

Albany Mutual Telephone  
131 6th Street  
Albany, MN 56307  
Phone: 320.845.2101

Office Hours starting Sept 8th  
M-F: 7:30 am to 4:30 pm

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Visit Albany Mutual Telephone Online  
[www.albanytel.com](http://www.albanytel.com)



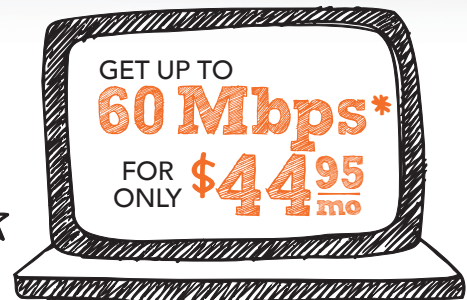
Technology. All the Way Home.

## UPGRADE YOUR INTERNET TODAY AND JUST IMAGINE THE RESULTS TOMORROW



For a FREE First-Month Upgrade, Call 320.845.2101

Mention promo code IMAGINEAD when you call.



\*Service availability and Internet speeds will depend on location. Speed given is download speed. Prices subject to change. Contact us for details. Offer good through September 25, 2015.



## Common Misconceptions About Calling 811

At least a few days before you dig on your property, you must call 811 to get underground utility lines marked. This helps prevent unintended consequences such as injuries, damage to your property, utility service outages to the neighborhood, and potential fines and repair costs.

Some homeowners, however, are confused about when they need to call 811. So we're clearing up some common misconceptions here:

**"It's just a small project. I don't need to call."** Wrong! Every digging job requires a call—even "small" projects like planting trees and shrubs. Some utility lines are buried just a few inches underground.

**"I am digging in a spot that was previously marked."** You still need to call. Erosion and root system growth can alter the depth or location of buried lines, or your utility companies may have completed work on their lines since the last time you dug.

**"I assume my contractor or landscaper will call."** Don't assume. Check with the company before digging begins to make sure a call to 811 has been placed.

**Albany Mutual Telephone thanks you for helping prevent damage to our infrastructure.**

## To Reduce Bullying, Kids are Urged to be "Upstanders"

STOMP Out Bullying™ is the leading national bullying and cyberbullying prevention organization for kids in the U.S. One of its goals is to teach effective solutions on how bystanders can best respond when they witness bullying.

Bystanders often don't know what to do, or they're afraid of retaliation, so they do and say nothing. STOMP Out Bullying wants to emphasize that when bystanders do nothing, they send a message to the bully that their behavior is acceptable.

**Instead of just being a bystander, kids are encouraged to stand up and be an "upstander." This includes doing the following:**

- Don't laugh.
- Don't encourage the bully.
- Reach out in friendship to the victim.
- If you notice someone being isolated from others, invite them to join you.
- Tell an adult.



There is strength in numbers. After all, every school and every community has many more caring kids than bullies.

Visit [www.stompoutbullying.org](http://www.stompoutbullying.org) to learn more.

## 10 Reasons to Keep a Landline Phone

A landline phone is the most reliable device on the market today and offers these advantages:

1. Provides security in an emergency by providing your exact location to 911 dispatchers.
2. Gives you superior sound quality and clarity.
3. Works even during an electrical outage.
4. Eliminates need to charge batteries.
5. Provides unlimited local calling.
6. Never drops your calls.
7. Can't be hacked.
8. Remains in the same spot in your home so you don't have to hunt for it.
9. Provides you with a directory listing.
10. Keeps your communications dollars here to boost our local economy.



**Best of all, you can enjoy all these valuable advantages for a very low monthly rate. Call Albany Mutual Telephone at 320.845.2101 for more details.**

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